



## **Approaches to Equine Remedial Exercise Prescription.**

Saturday 22<sup>nd</sup> September 2018

Venue: Equine Unit: Mount Pleasant. Shuttleworth College. Biggleswade. Bedfordshire  
SG18 9HF

This informative CPD covers the principals and practical approaches to remedial exercise prescription. It will cover the application of theoretical principals to developing remedial exercise protocols that can be adapted to be case specific to the individual. We will look at some common conditions and approaches to corrective exercise prescription and practical options in terms of ground or ridden exercise approaches.

Every case is treated on an individual basis and it is essential for the practitioner to be able to design a specific programme which enhances the treatment and recovery of the individual patient. This CPD will develop your skills, knowledge and understanding of therapeutic exercise for the equine.

Delivered by Nicky Desailly MSc Vet Phys, MNAVPA: Nicky has an in depth working knowledge of the equine athlete having bred, produced and ridden event horses up to Advanced level in France and she brings a strong practical basis to this CPD.

All practitioners who want to enhance their understanding of equine remedial exercise prescription are welcome to attend.

Cost: £100 NAVPA members, £120 non-members. £80 students.

Please contact Laura Stevens [navpsec@yahoo.co.uk](mailto:navpsec@yahoo.co.uk) for further information and to book your place.