

## HOW TO HELP YOUR PET: COPE WITH HEAT

As temperatures start to rise remember our pets can suffer from heat stroke just like us. In the young and elderly this can be fatal and is classed as a veterinary emergency.

Here are a few suggestions to help your pet cope:

- ✓ Consider the time of day you walk your dog. Perhaps walking them earlier or later on in the day compared to the mid-day sun.
- ✓ Brush your dog regularly as this provides airflow through the coat. Ensure the coat is clean to stop it clinging to the skin, reducing airflow.
- ✓ Watch their pads on hot pavements.
- ✓ If you are going out, take lots of water to drink and to soak your dog.
- ✓ Do short walks.
- ✓ At home, make sure there is lots of available water.
- ✓ To help cool your dog you can use:
  - Wet towels
  - Ice packs or cool mats
  - Shower your dog
  - Dog baths / Paddling pool



If you are concerned about your pet, please seek veterinary advice